

GRACEAC Volleyball - 2018 Rules at a Glance

(full rules at www.graceac.com)

Rules	5th/6th Grade	7th/8th Grade
Total Participation	16 serves per match tracked by the coach	Same, with the exception of 10 serves per match during City Tournament play
Substitutions	No limit	18 per game
Service Rule	Remain silent 5 seconds to serve	
Rosters	Due to table 5 minutes before game time	
Timeouts	2 full timeouts per game (1 minute each)	
Jewelry	No jewelry, no plastic, no metals; (elastic ponytail holders), no earrings or beads. Exception - 2" or less standard unadorned bobby pins allowed	
Undershirts	T-shirts (or long sleeved shirts) under uniform must be same or similar color of dominant color of uniform - compression shorts must be spandex, similar color, and above the knee. Wrist bands may be worn.	
Out of Bounds	If volleyball hits basketball hoop, backboard, above a backboard, ceiling net, or basketball net, it is in. This is for hits on your own side of the court.	
Net Height	7'0" - service must be from service box (5' X 5' area behind 5th/6th grade line). Note, if serving from 5th/6th grade line, server may run up to it from behind the box area.	7' 4-1/8" - service may be from anywhere behind the service line
Scoring	Rally scoring - 3 games to 21 points; cap of 25 points; win by 2, unless cap is reached.	
Standings		Wins and losses will count as games (not matches)
Finger sets	Allowed	
Warm Up	4 minute maximum before game	

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Let Serve (hits nets and goes over)	Allowed	
Tournaments	Invitational and City Tournaments will follow all GRACEAC rules and policies. Pool play into brackets. Pool play consists of 2 games to 21 straight. Bracket play and championship game to 21, win by 2 with no cap, and best 2 out of 3.	
Practice	Maximum practice hours per week is 4.5 hours, 3 days per week, limit 2 hours in length per day	
Libero	Allowed	